

ANNUAL IMPACT REPORT

The Oaks Therapeutic Community, Inc.



Restoring Worth. Cultivating Wellness.

P.O. Box 208, Climax, NC 27233

336-338-9291//theoakscommunity.org

MISSION

The Oaks Therapeutic Community, Inc. partners with people to find worth and wellness. Through four branches of care, we provide licensed professional counseling, individual and corporate wellness consulting, community groups, and mental health education through media.

ORGANIZATION FACTS

Established: 2017

Organization: Non-Profit 501(c)(3)

Federal Tax ID: 81-3938204



Alicia Brown, Executive Director

Action Strategy

The Oaks Community employs a multi-layer care plan. We join with individuals--no matter where they need to begin--to offer hope, encouragement, and counsel. We are professionals and licensed counselors who recognize the need for a strategic, relational approach to the many challenges facing individuals. Using our holistic wellness model as a framework, The Oaks provides quality mental health services that help individuals create and sustain a lifestyle filled with healthy choices.

*"I needed
to believe
I was
worth
saving."*

-ANONYMOUS CLIENT

2022 PROGRAM HIGHLIGHTS



1

Annual Worth Warrior Fundraiser: The Oaks hosted our **1st** official fundraising event with over 150 in attendance.

10

Workshops & Speaking Opportunities: Oaks' staff was invited to **10** speaking opportunities to share on mental health topics including wellness, spiritual strength, grief, brain health, identity, and shame.

17

Community Bible Study: Women gathered to build community as they studied the Bible and grew together. This year our team of staff and volunteers led women in **17** weeks of biblical study.

19

Worth Warrior Monthly Partners: We are so grateful to see our monthly giving partners more than double to **19**, allowing The Oaks to increase our ability to work with all individuals regardless of their finances.

210

The Oaks Center for Counseling & Wellness: We opened our counseling center in January 2022. Thanks to generous supporters, we were able to remove the financial barrier to accessing mental health services by subsidizing **210** counseling sessions.

667

Counseling Sessions: Our licensed professional counselors conducted **667** counseling sessions in our first year of operations.

136,056

Media Education: In partnership with a local telecommunications company, we co-authored 10 web-based wellness courses, which were launched in jails nationwide. The Oaks' courses have **136,056** completions in only one year!

100%

Worth & Wellness Community: Supported by grants and financial partners, **100%** of our community group participants demonstrated growth in self-worth as measured by the Self-Compassion Scale. Our community groups offered 20 weeks of wellness support at no cost to participants.

Celebrating God's faithfulness and your support resulting in a year of impact!