

# ANNUAL IMPACT REPORT

THE OAKS THERAPEUTIC COMMUNITY, INC.



## Restoring Worth. Cultivating Wellness.

### MISSION

The Oaks Therapeutic Community, Inc. partners with people to find worth and wellness. Through five branches of care, we provide licensed clinical mental health counseling, intensive outpatient care, individual and corporate wellness consulting, community groups, and mental health education through media.

### ORGANIZATION FACTS

Established: 2017  
Organization: Non-Profit 501(c)(3)  
Federal Tax ID: 81-3938204



Alicia Brown,  
Executive Director

### ACTION STRATEGY

The Oaks Community employs a multi-layer care plan. We join with individuals - no matter where they need to begin - to offer hope, encouragement, and counsel. We are professionals and licensed counselors who recognize the need for a strategic, relational approach to the many challenges facing individuals. Using our holistic wellness model as a framework, The Oaks provides quality mental health services that help individuals create and sustain a lifestyle filled with healthy choices.

P.O. Box 208, Climax, North Carolina, 27233

336.338.9291



[www.theoakscommunity.org](http://www.theoakscommunity.org)

# 2024 PROGRAM HIGHLIGHTS

3,650

**Counseling Sessions:** Our counselors conducted 3,650 counseling sessions in 2024 - partnering with so many individuals as they work toward worth and wellness! This number tripled from 2023.

564

**Wellness Warrior Student Impact:** Using the Wellness Warrior curriculum written by our staff, The Oaks' team taught 16 weeks of brain health lessons to 564 students.

2,191

**Speaking Engagements:** Our staff was honored to provide mental health knowledge, awareness and support by speaking at 25 events impacting 2,191 people.

313

**Volunteer Impact:** 313 dedicated volunteers generously contributed a total of 1,414 hours of their time, translating to an incredible value of \$47,354 in service! Their selfless efforts reflect both the power of collective generosity and the immeasurable value of their contributions to our mission.

\$31,593

**Mental Health Access for All:** Our financial partners provided \$31,593 in 2024 to help remove the large obstacle of affordability to clients seeking mental health care without the financial means to do so. One out of every 5 individuals received access to high-level care because of donor gifts.

40

**Free Community Groups:** Our staff and volunteers facilitated 30 weeks of Worth & Wellness Community (WWC) groups for 40 participants. Participants build healthy community and wellness skills in this free 10-week program.

130

**Out-of-State Partnership:** We are crossing state lines to teach our wellness model to 130 developmental therapists and service coordinators who serve over 2,500 families across Tennessee.

2

**Rooted Therapeutic Day Program:** The Oaks completed 2 cycles of our intensive day treatment program. We are honored to report all participants experienced drastic decrease in symptoms of anxiety and depression and increased self-worth as measured by the Rosenberg Self-Esteem Scale. Each 10-week cycle of Rooted creates incredible community and dramatically affects brain health, making sustainable mental health change possible.

1,103,589

**Media Education:** The Oaks' wellness courses have been completed 1,103,589 times nationwide by individuals since their creation in 2022.

Celebrating God's faithfulness and your support resulting in a year of impact!